

95.12.27 Workshop FRI SP Session 48 Eating Disorders

Telegram Channel: @sabaitc

www.ieltstoeflcenter.com

Direct Link :

<http://www.ieltstoeflcenter.com/index.php/english-department/workshop-speaking-writing/speaking-workshop/147-speaking-workshop-1395>

The Video Link : -----

1. Eating disorders
2. **Anorexia nervosa** = you think you are too fat
3. **Bulimia nervosa** = you put your finger in mouth and bring up the food that you just ate
4. **Recap** for me = summarize
5. **Binge** eating = too much
6. **Arise from** a distorted body image = caused by
7. **In actuality = in fact**
8. Starve themselves **to the point of death** = تا به سر حد
9. The disorder **involves** extreme dieting = مطلبد
10. Low **self-esteem** issues =
11. **As if** they were only a women's issue = انگار
12. There is **growing evidence** =
13. Men maybe **equally affected**
14. **Muscle dysmorphia** or **more commonly known as bigorexia**
15. **Reverse** anorexia
16. This **obsession with** becoming bigger involves long workout session = you think too much
17. **Anabolic** steroids = proteins
18. Not to mention = in addition to
19. **Establish** personal relationships =
20. **In terms of** numbers = از لحاظ
21. Estimates **range from to**
22. **Pinpoint** that connection = identify
23. **Distorted** body image = تحریف شده
24. **Neither nor** satisfied with the way sth looks
25. They **strive** to change it = try hard
26. **Through** various dieting methods
27. **Disdain for** the body
28. **Offer me their thoughts**
29. There has been a **fair amount of** research on sth
30. A wide variety of
31. Lead to **risky behaviors**
32. Can I **comment on**

33. They **set the standard of** beauty for women
34. **Classify** sub as the average runway model
35. **Body mass** of 16.3, Healthy **BMI** 18.5
36. is **sending the wrong message to sb**
37. **Affect** self-esteem
38. **Progressively** thinner = رو به رشد
39. **Barbie & GI Joe** =
40. Huge **biceps/triceps** = عضله جلو بازو
41. **With the onslaught of** media = attack
42. There is no **getting away from it** = no escape

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Good luck!

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